

High Educational Cultural Experience

"Κόσμος"

Observing, interpreting, knowing

Greece & Turkey - April 2025

KOS | EPHESUS | MILETUS PRIENE | DIDIM | HALICARNASSUS

Acquiring the memory of the past to orient yourself in the present and plan for the future. 'Retracing in the footsteps of those who preceded us is essential'.

INTRO_OBJECTIVES_PROGRAMME:

'Kosmos' is a transversal project dedicated to European secondary school students in linguistic, classical, humanistic, artistic, scientific, choreographic and musical subjects. It takes place every year in March/April and is attended by European groups and schools.

The international educational entertainment programme, lasting four to five days, is an itinerary that aims to enable young students to take an experiential as well as physical journey to the places that saw the birth and development of Western philosophy.

It starts from the fundamental concept of '**Kóσμος**', that is, from a vision of the world that is based on a harmonious balance between the different parts of the universe and the human being and, retracing the paths trodden by Hippocrates and his pupils, we will reconstruct the history of his philosophy and medical practices that are based on the idea that human health derives from an ordered and balanced relationship between the body and the surrounding environment, that is, that human health is absolutely inseparable from the universal order and balance of the natural elements.

It will be a journey that will enable students to reflect, through the lens of history, on current issues together with colleagues from all schools in Europe and, thanks to the collaboration of artists, experts in the humanities and specialists in the field of visual communications, they will implement transversal skills in digital storytelling.

We will visit archaeological sites and together practise critical thinking aimed at individual and collective growth values".

The project intends to promote the following aims and objectives:

- To strengthen the identity of one's school community through the construction of a critical vision.
- To provide useful tools for future orientation in the management and organisation of cultural events.
- To ensure students' participation in the social and cultural life of their school.
- To encourage students to better understand their own talents and abilities.

Educational objectives:

- To strengthen critical thinking.
- Enhance acting in solidarity.
- To bring students closer to a mode of study involving the use of transversal skills aimed at problem solving.
- To promote active citizenship.

Learning objectives:

- Gathering the right information and organising it appropriately.
- To use observation skills.
- Acquire overview skills.
- Developing synthesis skills.
- Learning to work in a team.

*General programme:

-Day 1: Arrival of participants on the island of Kos - Presentation of the Festival activities.

-Day 2: To the origins of healing practices

- -Guided visit Asklipieion archaeological site and Epigraphic Museum.
- -Live interpretation: readings/representations.
- -Hippocrates International Foundation | Conference: From the Body to the Cosmos
- -Departure by ferry to Bodrum
- -Visit to the ancient theatre of Halicarnassus
- -Agora and Symposium: readings and debate.

-Day 3: From myth to reason:

Thales, Anaximander, Anaximenes and the birth of science and philosophy

-Guided tour of the archaeological sites of Miletus, Didim and Priene

-Live interpretation: readings/presentations.

-Artistic experiences - workshops: <u>https://www.efae.eu/artistic-experience</u>

-Agorà and Symposium: readings and debate.

-Day 4: Discovering one of the Seven Wonders of the World: the Temple of Artemis.

-Guided tour of the archaeological area of Ephesus.

-Live interpretation: readings/presentations.

-Agora and Symposium: readings and debate.

-Day 5:

-Artistic experiences - workshops: <u>https://www.efae.eu/artistic-experience</u>
-Departure by ferry to Kos
-Agora and Symposium: readings and debate.

-Day 6: Greetings & Departure

*The practical/theoretical internship recognises 40 hours of PCTO 'Pathways for Transversal Skills and Orientation' with the outgoing figure of 'Digital Historical-Artistic Divulgator'.

-Contacts:

E-mail: info@efae.eu | PEC email: europeanfestivalancientgreece@pec.it Tel. +39 339 33 69 837 - Website: www.efae.eu Facebook: https://www.facebook.com/europeanfestivalancientgreece Youtube: https://bit.ly/europeanfestivalancientgreece Instagram: https://www.instagram.com/europeanfestivalancientgreece/

LinkedIn: https://bit.ly/europeanfestivalancientgreecelN

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